

Blessing Bag Checklist

FOR ANYONE IN NEED OF A BLESSING

www.hilltran.org

***Put items in a clear zip lock bag. Size depends on how many items you are putting in each bag. You will need Gallon size bags for more items, and Quart size bags for fewer items.**

Drinks:

- Bottled Water
- Instant Coffee Packets
- Tea Bags
- Energy Drinks
- Juice Cans or Boxes

Toiletries:

- Chapstick
- Facials Wipes
- Moisturizer
- Comb
- Toothbrush
- Tooth Paste
- Q-Tips

Food:

- Beef Jerky
- Dried Fruit
- Granola Bars
- Instant Oatmeal Packets
- Protein Powder Packets

General:

- Multi-Purpose Wipes
- Compact First Aid Kits
- EmergenC Packets (used for when they start to get sick)
- Heat Pack
- Warm Socks (Wool)

Treats:

- Treats:
- Chocolates (individually wrapped)
 - Hard Candy
 - Mints
 - Chewing Gum

Extra:

- Restaurant Gift Cards
- Prepaid Phone Card
- Personal Note of Encouragement
- Bible
- Scripture Text
- Local Contact List for Social Services